



Benefit News

February 2019

Earn Your Wellness Incentive for 2019

If you are a participant in the District's health plan, you can participate in the District's Wellness Program to earn an incentive of \$260 for completing certain wellness activities. If your spouse is on the plan and completes the requirements, you can earn an additional \$260. Your progress in the Wellness Program is tracked in the United Healthcare Rally portal. To participate, employees and their spouses must each register on www.myuhc.com and then register for the Rally. Click on "My Rewards" in Rally to view available activities, and achieve completion level of at least **100%**. Activities for the 2019 incentive must be earned in the 12 month period which started on 1/1/2019 and will end on 12/31/2019.

The activities that you and your spouse have available are customized based on your age and gender. You may have already completed some of these activities and not even realized it! For example, if you have had a physical since January 1, 2019, you should be able to view these points on the My Rewards page. Please review the My Rewards section to view your own available and completed activities. You can download the Rally app to your smartphone, and even link your Fitbit or other health monitoring device to Rally to instantly upload your activity.

Back again for 2019: Biometric screenings will once again earn 30% of your Rally Rewards. Onsite screenings will be scheduled once again in the Fall at locations throughout the District, or your doctor can order a screening for you at any time.

Click [here](#) for full instructions on navigating Rally and earning your 2019 incentive.

2018 Wellness Program Incentive

If you earned the 2018 incentive, it will be listed under the Earnings section of your paycheck. Those earning the spouse incentive will see a separate credit listed. Payouts are done quarterly, with the last payout of 2018 incentives to be made on 2/22/2019, for those who reached 100% of Rewards between 10/1/18 – 12/31/18.

Onsite Customer Service

A representative from UHC is available to meet with employees in person in Human Resources, 355 E. Chicago Street, Elgin. Email Benefits@U-46.org for an appointment on February 22nd or March 21st.

Quest Laboratories Joins UHC Network

In addition to Labcorp and other national laboratories, effective January 1, 2019, Quest Diagnostics is now participating in the United Healthcare Choice Plus network of contracted providers. As always, the most updated information on network providers is available by logging into www.myuhc.com.

HSA and Tax-Time

Optum Bank partners with the District to administer the Health Savings Accounts for participants in the Gold and Silver Health Plans. Prepare for tax season – [visit Optum Bank's Tax Center today!](#)

1095-C and Filing Your 2018 Tax Return

The Form 1095-C shows that you had insurance coverage during the calendar year. If you were covered by the U-46 health plan in 2018, your 1095-C form will be available in Munis Self-Service by March 1, 2019. Please note that the actual form is not required to file your tax return.

FSA – Automatic Payment Feature

Flexible Spending Account (FSA) participants may choose to enable UHC's automatic payment feature, which automatically submits any medical, pharmacy or dental expenses to your FSA, by logging into www.myuhc.com and clicking on Claims and Accounts and then selecting Automatic Payment Settings under your Healthcare Flexible Spending Account. Replacement debit cards for your FSA may be ordered by calling 866-755-2648.

Love the Cubs?

Teacher Appreciation Night is Wednesday, May 8th at 7:05 p.m. vs. the Miami Marlins. All District personnel welcome to purchase discounted tickets. Groups of 15+ contact abarrett@cubs.com or 773-404-4767 now. For smaller groups, call or [purchase online](#) after 2/22/19. Free Cubs-themed desk calendar blocks for all who purchase through this offer! Come on, Spring!!!

